

BEST PRACTICE I

TITLE OF THE PRACTICE: NATIONAL SERVICE SCHEME

THE CONTEXT THAT REQUIRED THE INITIATION OF THE PRACTICE: The NSS unit of the college has been active since inception. It is a part of the government-sponsored programme conducted by the Ministry of Youth Affairs. The college unit engages students in various community services in the local neighbourhood. Over the years various programmes have been conducted to identify the needs of the local community and to address them in an effective way. Its focus has always been on gender and women's empowerment given the fact that it is a girls' college.

OBJECTIVES OF THE PRACTICE:

To develop a sense of responsibility towards civic and social community

Develop inter-personal communication skills

Analyse the problems/ needs of the community and offering solutions thus developing problem-solving skills in practical situations

Responsibility sharing and delegating duties for collective –living

Inspiring communal harmony

THE PRACTICE: The NSS unit of the college regularly visits adjoining areas to spread awareness about dietary practices among economically compromised group. Creation of social awareness among residents of the adjoining area is one of the primary activities of the NSS.

Community services include:

- **Distributing diet charts among**
- **AIDS Awareness Campaign.**
- **Thalassemia Awareness and screening Programme held in collaboration with School of Tropical Medicine : Held periodically throughout the year in camps of 60-70 students each**
- **Parental Counselling of Thalassemia carriers**

OBSTACLES FACED IF ANY AND STRATEGIES ADOPTED TO OVERCOME THEM:

General apathy towards undergoing Thalassemia test.

The NSS unit under competent programme officers and teachers has been largely successful in convincing parents about taking the Thalassemia tests.

IMPACT OF THE PRACTICE/ EVIDENCE OF SUCCESS:

Students have developed a deep sense of service to society.

NSS volunteers have honed their leadership skills; their soft skills have improved in course of their community service

They have learnt to identify the needs of their community and address them accordingly.

NSS activities have given female students of the college an exposure to opportunities around them and have instilled a sense of pride and productive engagement

RESOURCES REQUIRED:

- Better infrastructural facilities such as separate rooms ,computers for facilitating smoother running of the unit.

BEST PRACTICE II**TITLE OF THE PRACTICE : National Cadet Corps****THE CONTEXT THAT REQUIRED THE INITIATION OF THE PRACTICE :**

The NCC Unit OF Maharani Kasiswari College started functioning from 24th July 2004, under the 19th Bengal Battalion of Eastern Command at the Fort William. Within this period it has shown promise of a full-blown unit with multi-dimesional interests. It is heartening to find cadets, especially female cadets ready to offer voluntary services to the community and greater society.

OBJECTIVES :

- To create a resource pool of organized trained and motivated youth to provide leadership in all walks of life
- To provide a suitable environment to motivate the youth to take up a career in the armed forces
- To develop character comradeship, discipline, leadership secular outlook, spirit of adventure, ideals of selfless service among youth of the country.

THE PRACTICE:

NCC cadets have been engaged in the following activities in 2016-17

- TSC (Aug 2016)
- NI Camp(Oct 2016)
- International Yoga Day(21st June 2017)

OBSTACLES FACED :

NCC training schedules often clash with class routines of some of the cadets.

STRATEGIES ADOPTED TO OVERCOME THEM :

Adjustments have been made in the college routine.

IMPACT OF THE PRACTICE/ EVIDENCE OF SUCCESS:

- Active participation in NCC has resulted in a pool of human resources committed to the cause of the community.
- Many of our cadets have become successful self-defence trainers
- Some of our ex-cadets have been absorbed in Kolkata Police Service.

RESOURCES REQUIRED

- Laptops, Cameras required for smoothening of the regular activities of the unit.